

# Games to Play with Babies

## Music and Movement with Your Baby

**Your baby loves to hear singing and loves to interact with you. When you are singing to your baby you are:**

- Comforting your baby with the sound of your voice
- Showing your baby that he/she is important
- Helping your baby gain new words and learn language
- Helping your baby develop a love of music

**When you sing to your baby:**

- Sit face to face
- Make eye contact
- Smile while singing
- Gently interact with words to the song

Play and sing with your baby over and over again until the baby loses interest.

## Games to Play with Toddlers

### Dancing with Streamers

Toddlers love to listen and move to the music. You are exposing them to different styles of music and rhythm. They are learning how to control their body, and engaging in an activity that is fun, physical and enriching.

What you will need:

- Colorful streamers
- Paper towel rolls
- Tape
- Different styles of music
- CD, tape player, or radio

To prepare for this activity:

Let your child pick the color streamers he/she would like to dance with. Cut the streamers and then tape those to the end of the paper towel roll.

Now that the streamers are finished you can play the different types of music and let your child dance around the room waving his/her streamers to the music. While they are dancing you can describe to them what you are seeing "You like a..." "I see your arms going up and down like a..."

You can also ask them questions about what they are doing "Tell me about..." or "Did you try..."